Psychology I

FINAL - Study Guide

FALL 2015

**Introduction to Psychology –History, Methodology (1, 2)**

What is Psychology? How is research done? What do psychologists do?

cognitive/subjects/control/group/placebo/behavior/variables/behavioral/

hypothesis/psychoanalytic/ biological/learning/socio-cultural/evolutionary/correlation/case study/interview/laboratory/cross-sectional/survey/longitudinal/

**Development - Physical, Cognitive, Moral, (10, 11)**

How are physical, moral and cognitive development linked? How do the major theories of development differ?

Piaget’s Theory of Cognitive Development/Kohlberg’s Stages of Moral Development/developmental psychology/motor development/perceptual development/maturation/attachment/stranger anxiety/separation anxiety/imprinting/assimilation/accommodation/object permanence/parenting/self-esteem/adolescence/puberty/identity/identity crisis/”quest for independence”/teenage challenges/Marcia’s Adolescent Identity Status Categories

**Learning –Classical, Operant, Observational (6)**

How do people learn? What is an application of classical conditioning? Describe operant conditioning.

Conditioning – classical, operant/observational learning/Pavlov’s dog/US, UR, CR, CS -letters of learning/taste aversion/generalization/discrimination/flooding/systemic desensitization/reinforcement-rewards & punishments/shaping

**Memory –Three types, Encoding, Retrieval (7)**

How does memory work? Is memory accurate? Why do we forget?

Types of memories/stages of memories/encoding/storage/retrieval/decay/eidetic memory/icons/chunking/primacy-recency effect/amnesia-types of amnesia/repression/mnemonic devices/relearning

**States of Consciousness –Stages of Sleep, Dreaming, Hypnosis, Meditation (5)**

How do states of consciousness vary? How does the definition of addiction vary between cultures?

Levels of consciousness/altered states of consciousness/stages of sleep/sleep problems/reasons for sleeping/dreams-Freudian & bio-psychological views/biofeedback/parasomnia/uni-hemispheric sleep/learning through sleeping/

**Intelligence (Ch. 9)**

What are influences on intelligence? How do we measure intelligence? Problems with intellignece testing? Genetic and Environmental influences on intelligence? Spearman/Thurstone/Gardner/Sternberg

Achievement / intelligence / general intelligence / multiple intelligences / emotional intelligence / Wechsler scale / Stanford-Binet / mental age / test validy & reliability / gifted / creativity / heritability / environmental

**Psychological Disorders (Ch. 18)**

What are psychological disorders? How are disorders diagnosed? What are the characteristics of each disorder?

Anxiety/dissociative/somatoform/mood/schizophrenia/personality

**Therapy (Ch. 19)**

Why do treatment approaches vary? What are the advantages and disadvantages of each approach?

Psychoanalytic/humanistic/cognitive/biological/behavioral